



Blended Intensive Programme

ID: 2023-1-PT01-KA131-HED-000126397-1

INTERNATIONALIZATION AT HOME AS A KEY TO INCLUSION AND DIVERSITY

Important Note:

Participants interested in this program have to apply to their home university according to the internal procedure to obtain funding. However, **enrollment in the BIP should be made via e-mail to Clementina Santos (c.santos@ucp.pt) until February 28, 2025**. Enrollment will be made on a first-come-first-served-basis. **A confirmation of acceptance will be sent via e-mail until March 7, 2025.**

General information

Course Title	INTERNATIONALIZATION AT HOME AS A KEY TO INCLUSION AND DIVERSITY
Coordinating Institution	Universidade Católica Portuguesa
Partner Institutions	<ul style="list-style-type: none"> - AETC Consortium (Universidade Católica Portuguesa, Universidade do Algarve, Escola Superior de Hotelaria e Turismo do Estoril) – https://www.erasmus-aetc.com/ (Accreditation n. 2021-1-PT01-KA130-HED-000004939) - Tomas Bata University in Zlín (CZ ZLIN 01) - University of Life Sciences “King Mihai I” from Timisoara (RO TIMISOA03)
BIP Code	2023-1-PT01-KA131-HED-000126397-1
Description and objectives	Higher education institutions have faced many challenges in the last two decades with the increasing number of exchange students and the integration of foreign faculty and non-faculty staff. It has become urgent to help students and staff (faculty and non-faculty) to raise awareness of and respect for cultural diversity. If it is true that institutions have invested in the training of students to adapt to multicultural and multilingual contexts, staff has been confronted with a scarcity of offers in the domain of intercultural and linguistic training. Consequently, some institutions’ internationalization objectives could not be attained, as there was a gap in what could be considered an “internal or domestic internationalization”.

	The BIP “Internationalization at Home as a Key to Inclusion and Diversity” aims to fill out this gap by bringing together professionals from different countries, who have faced the need to interact with and help international students and foreign teachers or officers of various cultures, many times without an appropriate training to welcome and integrate the novel members in the academic community.
Number of ECTS	3
Calendar	May 12-May 16, 2025 Lisbon/Portugal Virtual Component: June 6 (3 hours, from 9.00 to 12.00 [Lisbon time] – date to be confirmed)
Number of participants	30
Mobility Costs	To be covered with Erasmus + grants (STA/STT)
Contact	Clementina Santos (c.santos@ucp.pt) – Universidade Católica Portuguesa
Application	Candidates should apply for the BIP by sending a message to Clementina Santos (c.santos@ucp.pt) until February 28, 2025.

Pedagogical Information

Target group/Expected student profile	Faculty (teachers) and non-faculty staff (administrative officers) from all departments/sectors that deal with international/foreign students and staff
Requirements/Academic background/Level of studies	As the course will be taught in English, it is expected that candidates have a B1/B2 level of English.
Enrollment	Enrollment will be made on a first-come-first-served-basis. A confirmation will be sent via e-mail until March 7, 2025.
Selection criteria	Participants should have to deal with international/foreign students and staff.

Structure of the course

Description of the <u>virtual</u> component	The virtual component will take place after the presential course in Lisbon at early June. This will be a wrap-up session chaired by a representative of the coordinating and partner institutions. During the session, participants will receive feedback on the portfolios they will prepare during the course and that will be evaluated by trainers. They will also be introduced to a draft version of the handbook (described in the outcomes).
Description of the <u>physical</u> component	The course will comprehend sessions with guest-speakers from the institutions of the AETC (Atlantic Erasmus

	<p>Training Consortium) and from the BIP's partner institutions that will share the experiences and good practices of training personnel for internationalization in their home institutions. Moreover, participants are expected to make brief presentations of their institutions (guidelines and indications of the duration of each presentation will be provided in the mail acknowledging the participation in the BIP). Participants will also participate in workshops aiming at raising their awareness and developing their intercultural competence bearing in mind a selection of case-studies focused on situations of conflict and conflict resolution. The BIP includes a social program with visits to Lisbon, Estoril and Cascais, historical multicultural venues par excellence.</p>
<p>Learning objectives</p>	<p>Drawing on the internationalization efforts and practices implemented by the BIP participants' institutions, this BIP aims to:</p> <ul style="list-style-type: none"> (i) discuss how the internationalization of higher education institutions has disrupted and impacted on traditional ways of work through the sharing of participants' experiences in their home institutions; (ii) reflect on the intercultural training/lack of training to cope with the progressive opening of institutions to new publics; (iii) raise participants' awareness of how the concepts of identity and culture are intertwined, thus conditioning the perception of reality and the imagination of the Self and of the Other; (iv) reflect on how and to what extent styles of communication are culturally shaped and how they can be sources of conflict; (v) identify strategies that can help deconstruct stereotypes and various types of cultural prejudice that contribute to social asymmetries; (vi) provide adequate and effective intercultural training to faculty and non-faculty staff through a series of practical exercises to promote conflict mitigation or resolution.
<p>Methodology</p>	<p>- Lectures delivered by faculty and non-faculty members from diverse institutions about the following topics:</p> <ul style="list-style-type: none"> . intercultural communication and conflict resolution; . administrative challenges posed by foreign students and personnel; . good practices in teaching and in dealing with administrative issues; . conflicts deriving from linguistic and cultural misunderstandings.

	<ul style="list-style-type: none"> - Workshops that will help participants envisage strategies to identify, mitigate and/or solve intercultural conflicts - Group discussions about real situations of linguistic and cultural misunderstandings that will inform the preparation of an open-access handbook with suggestions and examples of good practices on how to overcome intercultural conflicts that involve faculty and non-faculty staff in higher education institutions.
Outcomes	<p>The BIP will have two outcomes: a digital portfolio and a handbook.</p> <p>The digital portfolio results from individual work and will be organized during the course under the trainers' supervision. The portfolio comprehends the following parts: (i) a journal in which daily impressions about the course and the discussed topics are registered and reflected upon; (ii) the presentation of the participant's experiences of intercultural conflict in a professional context; (iii) a critical analysis of how the conflict could have been prevented, mitigated or solved after the participation in the workshops offered during the course; (iii) a reflection on how the participant's professional atmosphere could be improved in concrete terms after the BIP. Participants will be provided with feedback and will share results in a remote meeting after the end of the course.</p> <p>The second outcome is the participants' contribution to an open-access handbook to be organized by trainers with suggestions and examples of good practices on how to overcome intercultural conflicts that involve staff in higher education institutions based on students' portfolios.</p>



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May 12-16, 2025

Universidade Católica Portuguesa, Lisbon

PROVISIONAL PROGRAM

May 12 (Monday)

14.00 – Welcome session and participants' brief introduction (icebreaker activity)

15.00 – Guided visit to campus facilities and UCP Gallery

15.45 – Coffee break

16.00 – Rita Bacelar (Universidade Católica Portuguesa) – Presentation of UCP Global Engagement Office (GEO) and UCP internationalization

16.30 – Marleni Azevedo (Universidade do Algarve) – Presentation of UAAlg – Topic to be announced

17.00 – Welcome Wine & Cheese

May 13 (Tuesday)

9.30 – 11.00 - Participants present their home institutions' strategies of internationalization – part 1

11.00-11.30 – Coffee break

11.30-13.00 - Participants present their home institutions' strategies of internationalization – part 2

13.00-14.30 – Free lunch

14.30-15.30 – BIP's outcomes – digital portfolio and handbook – structure and guidelines – Adriana Martins (UCP/AETC)

15.30-17.00 - Workshop 1 – Intercultural Competence

May 14 (Wednesday)

9.30-11.00 – Workshop 2 – Intercultural Communication

11.00-11.30 – Coffee break

11.30-12.00 – BIP Partner institution lecture 1 (Tomas Bata University in Zlín) – Topic to be announced

12.00-12.30 – BIP Partner institution lecture 2 (University of Life Sciences “King Mihai I” from Timisoara) – Topic to be announced

12.30 -14.00 – Free lunch

14.00-14.30 – Maria José Pires (Escola Superior de Hotelaria e Turismo do Estoril) – Presentation of ESHTe – Topic to be announced

14.30-15.00- Inês Espada Vieira (Universidade Católica Portuguesa) – UCP Coordinator of the Initiative for Students and Researchers at Risk

15.00-15.30 – Filomena Capucho (Universidade Católica Portuguesa)– UCP Ombudsman Person (UCP Viseu Centre) – International students’ gender and religious integration

15.30-16.00 - Dialogue with students and researchers at risk – struggling for integration

May 15 (Thursday)

10.00 – 10.30 – Susana Ramalho and Joana Carneiro Pinto (Universidade Católica Portuguesa) – The Proteus Project

10.30 – 11.00 – Carla Ganito (Universidade Católica Portuguesa) – Friend4You Programme

11.00-17.00 – Social programme – Visit to Belém, Estoril and Cascais

17.00 – Return to Lisbon

May 16 (Friday)

9.30-11.00 – Discussion of the handbook’s structure – part 1

11.00-11.30 – Coffee break

11.30-13.00 – Discussion of the handbook’s structure – part 2 and Farewell